

Interpersonal Skills Workshop



24 – 31 March, 2024

Personal awareness:

- Empathy: towards yourself and towards others
- Resilience
- Emotional Intelligence
- Critical thinking

Teambuilding:

- Being a valuable team player
- Handling difficult people
- Effective listening
- Resolving conflicts
- Communicating with diplomacy and tact
- Humor and lightheartedness

A seven-day workshop aiming to equip participants with practical knowledge, insights and exercises; to make use of one's own talents, qualities and capabilities in working together; to handle daily challenges, within and outside the community; based on understanding, appreciation and respect.

It is specifically designed to facilitate priests, men and women religious toward a harmonious intercultural living, and working relationship in their respective contexts.

Start : 24 March afternoon
End : 31 March after lunch
Costs : € 975
Trainer : Judit Kolster, Soft Skills Trainer
Number of participants: max. 20

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